

GET INVOLVED

The Salmon Youth Centre 'sticks with' young people from disrupted and often chaotic backgrounds, who frequently demonstrate behaviour that challenges services. A recent external evaluation has commended our approach to engaging hard to reach young people.

Do you want to help us invest in young people? Do you want to help them develop personal resilience that moves them away from destructive life cycles?

Donors

The Salmon Youth Centre needs £850,000 each year to continue its extensive work with young people. Your regular donations will have a huge impact on transforming the lives of young people. You can set this up through our website www.salmonyouthcentre.org/donate.

Corporates

There are many ways your company could get involved with our work. We offer team building activities, the opportunity to mentor young people and teach them employability skills and involvement in fundraising or partnership.

Churches

As a church you can support us with your prayers by signing up to our prayer newsletter. Your regular donations will enable us to try new ways of working and to fill gaps in services to meet the needs of young people.

Please get in touch if you would like to get involved.

"The Salmon Youth Centre inspires all children, young people and their families to fulfil their potential and contribute to their community within a framework of Christian life and values."

"Salmon is a great place for my son to build on his confidence and relationship with peers." – PARENT



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the salmon youth centre
in Bermondsey 



HELP US 'STICK WITH YOUNG PEOPLE'



HEALTH &
WELLBEING

EDUCATION
& WORK

COMMUNITY
ENGAGEMENT



HEALTH & WELLBEING

We aim to improve young people's Health & Wellbeing. This includes encouraging the development of long-term healthy eating habits and lifestyle choices and help with managing risky behaviours and staying safe.

This work takes place throughout our open access clubs and specialised sessions, including adventure, football, trampoline, fitness sessions and mentoring opportunities.

Sticking with young people

We implement a philosophy of 'sticking with young people' encountering a destructive cycle of circumstances and behaviour. This philosophy is critical in helping young people develop resilience to challenges, which might otherwise see them overwhelmed by adversity.

Developing young people into healthy adults

An underlying principle of our work is to seek to enable young people to explore and start to take responsibility for their own health & wellbeing, and to help them to see that they have the power to make positive changes in their lives. We believe that this will help young people develop into healthy adults who are able to make a success of their relationships, education and vocation.



EDUCATION & WORK

We aim to improve young people's performance in the education system, their employment competency and leadership skills.

Preparing young people for education and work has never been more important than in this current economic climate. That is why we provide opportunities for young people to gain skills and qualifications to improve their education and career prospects throughout our generic and specialised work.

Mentoring

The mentoring relationships we build with young people help us to get to the root of the issues they face and allow us to support them through the various transitions in their lives. This might include helping them in their journey to find education or work.

Apprentices

Through our apprenticeship programme, young people work towards various qualifications including NVQ 2 and 3 in Youth Work and various coaching awards. Apprentices are a vital part of our team and take on responsibilities in the running of clubs and face-to-face work with young people.



COMMUNITY ENGAGEMENT

We aim to help young people to be aware of what and who is around them - learning to accept, help out and care for others.

We boost their volunteering opportunities; enabling them to develop the confidence and social skills that are required to interact positively with their communities.

Belonging

We want young people to be aware of their assumptions, biases and prejudices in order to build positive relationships with others and gain a sense of belonging within a community. Considering the political, social and spiritual issues that young people face today, we communicate the importance of being able to relate to one another and to influence positive change in the community and society as a whole.

Looking out for others

The most obvious way we do this is through our Young Leaders programme. We also work with young people during all our club sessions to develop the right attitude of looking out for the interests of other people as well as themselves and also in highlighting to young people their own gifts and talents and giving them platforms to share these with others.