

TERM TIME PROGRAMME

MONDAY

 Mixed Club	Age 11-16	4:00 - 7:00pm
 Taikwondo	Age 11-16	5:00 - 6:00pm
 Art	Age 11-16	5:00 - 6:00pm
 Basketball	Age 14+	8:15 - 10:00pm
 14+ Club	Age 14+	8:15 - 10:00pm
 Gym	Age 14+	8:15 - 10:00pm

TUESDAY

 Mixed Club	Age 11-16	4:00 - 7:00pm
 Music	Age 11-16	5:00 - 6:00pm
 Dance	Age 11-16	5:00 - 6:00pm
 Climbing	Age 11-16	5:15 - 6:45pm



WEDNESDAY

 Mixed Club	Age 11-16	4:00 - 7:00pm
 Trampoline	Age 11-16	5:00 - 6:00pm
 Salmon Tigers Football Team (invitation only)	Age 11-16	5:00 - 6:00pm
 Girl's Fitness	Age 14+	7:30 - 8:30pm
 14+ Club	Age 14+	8:15 - 10:00pm
 Football	Age 14+	8:15 - 10:00pm
 Music	Age 14+	8:15 - 10:00pm
 Art	Age 14+	8:15 - 10:00pm

THURSDAY

 Mixed Club	Age 6-11	4:00 - 7:00pm
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FRIDAY

 Disability Club – Mixables	Age 12-18	3:30 - 5:30pm
 14+ Club	Age 14+	7:15 - 9:00pm
 Music	Age 14+	7:15 - 9:00pm
 Gym	Age 14+	7:15 - 9:00pm
 Art	Age 14+	7:15 - 9:00pm

TERM TIME PROGRAMME

-  Additional Needs
-  Arts
-  Open Access
-  Other Activities
-  Sports & Adventure

MENTORING

Mentoring is available to young people every day by appointment. Please speak to a member of staff for more information.

Salmon Youth Centre

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